

The Hearts Center Presents  
2023 Spring Equinox Conference  
***Resurrecting Mexico and Our World in Mary's Name and Presence***  
March 17-20

Quinta El Zopilote  
San José s/n Col. El Calvario, 62790 Atlacholoaya, Morelos  
Please contact Betty Salazar for questions at: 52 1 55 3895 6191  
Retreat center's doors are locked once participants enter or leave.

**All Times CST for Mexico and MDT for U.S.**

**Thursday, March 16**

8:00 am Breakfast  
10:00 Soul-Raising Sessions.\* Schedule and pay at the on-site store  
12:30 pm Lunch  
2:00-5:00 Soul-Raising Sessions  
6:00 Dinner

**Friday, March 17 (St. Patrick's Day)**

8:00 am Breakfast. Observe silence for first 10 minutes.  
8:30 Store open and registration folders available for pick up  
9:00 Youth go to activity areas  
9:15 In seats in the meeting room (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)  
Welcome by David Christopher Lewis  
Silent meditation  
Prayers and songs.  
**Mother Mary and Raphael**  
Five minutes of silent reflection  
11:00 Intermission  
11:15 Prayers and Songs  
11:40 Presentation: Prehispanic Esoteric Wisdom by Cristina Betancourt,  
Prehispanic and Temazcal guide and teacher  
12:20 pm Musical offering by Mexican heartfriends  
12:30 Lunch. Observe silence for first 10 minutes. Afternoon outing not broadcast.  
1:50 Load van in front of building to go to Jardines de México (Botanical Gardens,  
Distance: 19 miles, 29 Km, 30-minute drive)  
2:00 Leave for Botanical Gardens  
Address: Jardines de México, Km 129 de la Autopista México -Acapulco a la  
altura de Tequesquitengo, 62900 Tehuixtla, Morelos.  
Price: Adult: \$275 MXN/ \$14 USD; Children 3 to 12 years old: 125 MXN/ \$6.5  
USD; Seniors: 225 MXN/ \$11.5 USD. Hours: 9:00 am to 6:00 pm  
Optional: Shuttle inside the garden at \$50 MXN/\$ 3 USD per person will take  
you to the entrance of each garden. Tour is approximately 2 hours.  
2:40 Arrive at Jardines de México

- 5:05 Load van for return trip
- 5:15 Van leaves
- 6:00 Dinner. Observe silence for first 10 minutes.
- 7:00 Bhajans in the chapel. Not broadcast.

**Saturday, March 18:**

- 7:30 am Breakfast. Observe silence for first 10 minutes.
- 8:30 Paneurhythmy outdoors for all ages (Wearing white is suggested.) Not broadcast.
- 9:10 Youth go to activity areas.
- 9:15 In seats in the meeting room (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)
- 9:20 Silent meditation
- 9:35 Prayers and songs
- Jesus and Magda**
- Five minutes of silent reflection
- 11:00 Intermission
- 11:15 Prayers and songs
- 11:50 Presentation: Quetzalcoatl (The feathered serpent, a prominent figure in prehispanic civilization) in Xochicalco (the archeological site we will be visiting) by Betty Eliana Salazar Galarza
- 12:30 pm Lunch. Observe silence for first 10 minutes. Remainder of day not broadcast
- 2:00 Load van in front of building to go to Archeological Monuments Zone of Xochicalco (distance: 8 miles/13 km, 25 minutes)
- 2:10 Leave for Archeological Monuments Zone of Xochicalco  
Address: Carretera Federal Xochicalco, Tetlama S/N, 62609 Miacatlán, Morelos.  
Price: Adult: \$85 MXN/ \$5 USD; Children to 13 years old: Free.  
Hours: 9:00 am to 6:00 pm. Museum closes at 5:00 pm
- 2:40 Arrive at Archeological Zone
- 4:40 Load van for return trip
- 4:50 Van leaves
- 6:00 Dinner. Observe silence for first 10 minutes.
- 7:30 Optional: Temazcal (sacred ritual in a sweat lodge at the retreat center—\$500 pesos/ \$25 USD) 30 people maximum per session. \*\*

**Sunday, March 19**

- 7:30 am Breakfast. Observe silence for first 10 minutes.
- 8:30 Paneurhythmy outdoors for all ages (Wearing white is suggested.) Not broadcast.
- 9:10 Youth go to activity areas
- 9:15 In seats in the meeting room (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)  
Prayers and songs
- Saint Germain and Portia**
- Five minutes of silent reflection
- 10:45 Intermission

- 11:00 Presentation: Super Angeles Project by Susana Abumohor, Mariela Salazar Galarza and Fernando Cantillana
- 11:15 Presentation of Angels project done with children by Josefina Lemus
- 11:45 Darshan (Question and answer with the ascended masters) for youth
- 12:30 pm Lunch. Observe silence for first 10 minutes. Afternoon outing not broadcast.
- 1:40 Load van in front of building to Parque Nacional Grutas de Cacahuamilpa (Distance: 36 miles/57 km, 70-min. drive) It's suggested to bring snacks, water, comfortable walking/hiking shoes and natural bug spray. Address: Gruta de Cacahuamilpa s/n, CP 40200, Taxco de Alarcón, Guerrero. Entrance price: Adult: \$150 MXN/ \$ 9 USD; \$100 MXN/ \$6 USD; Hours: 10:00 am to 5:00 pm  
The Grutas de Cacahuamilpa National Park is known for its many large caverns and a gallery of 19 illuminated halls. You may take an optional group tour for approximately 2 hours with a 2 mile/4 km hike. A guide will give a detailed explanation of the formations in the caves. Cave tour price: Adult: \$150 MXN/\$10 USD; Children 12 and under: \$100 MXN/7 USD
- 1:50 Leave for Grutas de Cacahuamilpa
- 3:00 Arrive at Grutas de Cacahuamilpa
- 5:00 Load van for return trip
- 5:10 Van leaves
- 6:20 Arrive at retreat center
- 6:30 Dinner. Observe silence for first 10 minutes.
- 7:45 Movie about Padre Pio

**Monday, March 20 (Spring Equinox and Benito Juarez Day, a Mexican national holiday)**

- 7:30 am Breakfast. Observe silence for first 10 minutes.
- 8:30 Paneurhythmy outdoors for all ages (Wearing white is suggested.) Not broadcast.
- 9:10 Youth go to activity areas
- 9:15 In seats in the meeting room (Mobile phones and all electronic devices are completely OFF and preferably not brought into sanctuary.)
- 9:20 Silent meditation
- 9:35 Prayers and songs  
Group Soul-Raising Session  
Five minutes of silent reflection
- 11:00 Intermission
- 11:15 Prayers and songs  
**Padre Pio**  
Five minutes of silent reflection  
Circle of appreciation and oneness
- 12:30 pm Goodbye lunch. Observe silence for first 10 minutes.
- 1:30-4:00 Soul-Raising Sessions available.\* Schedule and pay at the on-site store
- 1:50 Load van for Cuernavaca city tour (30-min. drive). Cuernavaca is the "city of the eternal spring." We will visit Palacio de Cortés, Plaza de Armas, downtown, Asunción Cathedral, and La Borda Garden, all of them within walking distance of each other.

2:00 Van leaves for Cuernavaca  
2:30 Arrive Cuernavaca  
4:20 Load van for return trip from Cuernavaca  
4:30 Van leaves Cuernavaca  
5:00 Arrive back at Retreat Center  
5:15 Van with Mexican registrants returns to Mexico City  
6:00 Dinner for all who are spending the night at retreat center. Observe silence for first 10 minutes.

## **Tuesday, March 21**

9:00 International van leaves to MEX airport with international registrants

\*We are offering a choice of five different in-person Soul-Raising Sessions with David Christopher Lewis, briefly described below. For full descriptions go to the Soul-Raising section on the event web page. Choose the one that is best for you!

**Holy Spirit Soul-Raising Session:** Wave patterns and initiatic cycles of light will be released through the agency of the Holy Spirit to perform an alchemy with your soul. The session includes a soul reading, aura clearance, chakra balancing, and question(s)\* addressed.

**Radical Forgiveness for Self and Others with Kuan Yin:** The focus is on radical forgiveness of yourself and others and communing with Kuan Yin's great Bodhisattva heart, providing an impetus of light for your spiritual victory.

**Healing Family Issues in This and Past Lives with Mother Mary:** These sessions help to heal family relationships. This healing will go to a very deep level, including past lifetimes, the karmic cause of conflict with loved ones.

**Resolving Our Personal Psychology with Kuthumi:** The focus is on the psychology of wholeness within yourself. It is a time in gentle Kuthumi's presence to come to terms with those little peccadilloes in the human personality that grate upon the soul's ascent.

**Accelerating Your Ascension with Serapis Bey:** These sessions help to accelerate your pathway to the ascension. Serapis teaches how to be true to your Higher Self, to be directed in your approach toward oneness with God.

**Special Family Soul-Raising Sessions:** If you would like to have a Soul-Raising Session with any members of your immediate family, you may bring them to the session of your choice without any extra charge.

\*Questions at all of the Soul-Raising Sessions

You may ask one question during a 10-minute session. You may ask more than one question if the session is 20 or 30 minutes long. It's best to prepare your questions. Questions may not be asked about twin flames/soul mates, one's divine plan, or the percentage of karma balanced.

Prices: 10-min.: \$72; 20-min.: \$144; 30-min.: \$200

Mexico, Central and South America: 10-min.: \$36; 20-min.: \$72; 30-min.: \$100

After your session you will be emailed a link to an audio file enabling you to listen to and save your message.

These sessions are alchemical spiritual experiences and are not intended or designed to be psychological counseling sessions. When purchasing a session, you consent to this disclaimer.

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\*\* A temazcal is a traditional Mexican sweat lodge ceremony where we renew ourselves and commune with the elements and our own being. It takes place inside a small underground space where steam is created with hot volcanic stones. Ages 7 years up to 80 years may attend. Drink water beforehand. Wear a bathing suit and bring a wash cloth or hand towel. Towels will be provided after leaving the temazcal. Medical contraindications: people with heart problems or who have pacemakers, people with high or low blood pressure, pregnant women, people who have had recent surgery with wound in the process of healing, and people with open wounds. Also take into consideration it will be a completely dark space with very high heat and may be crowded.

Program subject to change. We may make schedule changes due to weather.

2/28/23