

The Hearts Center Presents
How to Live a Heart-Centered, Mindful Life
Norlane Community Centre, 39 Rose Avenue, Norlane, Victoria, Australia
October 20-21, 2018

All Times Australian (AEDT)

Saturday, October 20

- 8:45 am Registration opens
9:35 In seats
9:45 Silent meditation. Doors closed
10:00 Introduction by Geelong heartfriends
Welcome by David Christopher Lewis
Prayers, songs and movement
Kuan Yin: *Accentuate Mercy to Live in a Field of Heart-Centered Joy*
11:30 Intermission
11:45 Violet flame prayers and songs
Saint Germain and Portia: *Soulfully Co-Create a New Era of Love and Freedom*
12:45pm Lunch (catered)
2:00 (The following session meets outdoors, weather permitting; in the community centre otherwise)
Pneurhythmy
Meditation, prayers and songs
Jesus and Magda: *Darshan on the Importance of Mindfulness in Our Daily Lives*
Reflection and sharing
4:00 End of session
4:15 Optional in-person Soul-Raising Sessions with the Holy Spirit through David Christopher Lewis*

Sunday, October 21

- 9:35 am In seats
9:45 Silent meditation. Doors closed
10:00 Prayers, songs and movement
Mother Mary: *Darshan on Living from, through and in God's Heart*
11:30 Intermission
11:45 Songs and Bahjans
Zarathustra: *You Are Flaming Spirits, One with the Eternal!*
12:45pm Lunch
2:00 Pneurhythmy (outdoors; held in the community centre if raining)
2:45 Return to meeting room
Buddhist mantras, mudras and chanting
Gautama Buddha: *Balancing Your Being through Heart-Centered, Mindful Living*
Reflection and sharing

3:50 Sealing, and Circle of Oneness and Appreciation
4:15 Optional in-person Soul-Raising Sessions with the Holy Spirit through David
 Christopher Lewis*

*The 10-minute to 1-hour in-person Soul-Raising Sessions include a soul reading, aura clearance and chakra balancing, plus one question addressed. Receive a direct teaching from the Holy Spirit, uniquely personal for you. After your session, you will be emailed a link to an audio file enabling you to save and listen to your message at your convenience.

(10 minutes: \$50 USD; 20 minutes: \$100 USD; 30 minutes: \$150 USD; 1hour: \$250 USD)

The 5-minute Holy Spirit blessing, with gemstone talisman, releases a personal talismanic charge of light from the Holy Spirit: \$25 USD

Schedule an appointment during the event with Boyd Badten.

Updated 10/10/18