

The Hearts Center 2017 Spring Equinox Meru University Event

Serapis Bey on Adeptship and the Ascension

March 16-19

Vista, and Questhaven Retreat, CA (San Diego area)

- **Questhaven Retreat**, lodging and free activities: 20560 Questhaven Rd., San Marcos, CA 92078. Check-in at 3:00 pm, checkout at 11:00 am. On Sunday checkout between 2:30 and 3:30 pm., after Sunday activities
Approx. 50-min. drive from San Diego International Airport to Questhaven
Approx. 25-min. drive from Questhaven to Vista venue
- **Spring MU Event venue**: Dennis Fisher's home (Temple of Clarity), 1541 Roma Drive, Vista, California 92081

All times PST

Wednesday, March 15

3:00 Check-in begins for lodging at Questhaven

Thursday, March 16

7:55 am Meet at Questhaven Paneurhythmy Circle, adjacent to the Labyrinth (no gatherings on rainy or wet mornings)

8:00 Dance the Paneurhythmy

9:00-9:10 Meet in front of Friendship House to carpool to Vista.

9:30 Registration opens in Vista

10:00 *In seats. Meditation (total silence)

10:15 Prayers and songs. *Children's Golden Buddha Rosary*

Jesus: Welcome to the Initiatic Path

John the Beloved: Meditation on Love

11:45 Intermission

12:00 pm Prayers and songs

Confucius: The Path of Enlightenment

1:00 Announcements. Lunch at local restaurants. Grocery shopping for those making meals at Questhaven. Return to Questhaven

4:00 Prepare dinner at Questhaven kitchens

5:30 Dinner, community sharing

7:30 Optional prayers to the Elohim Astrea and Purity at the Contenta Cottage

Friday, March 17 (Saint Patrick's Day)

7:55 am Meet at Questhaven Paneurhythmy Circle adjacent to the Labyrinth

8:00 Dance the Paneurhythmy

9:00-9:10 Meet in front of Friendship House to carpool to Vista

- 10:00 *In seats. Meditation (total silence)
- 10:15 Prayers and songs. *Vesta's Solar Rosary*
Mother Mary: Sacred Touch for Healing
- 11:45 Intermission
- 12:00 pm Prayers and songs.
Spirit of the Cosmic Christ
- 1:00 Announcements. Lunch at local restaurants or prepare lunch at Questhaven kitchens
- 3:00 Hike and darshan with **Serapis Bey and Amen Bey** (will not be broadcast; however, recording will be posted on replay page)
Reflections on HeartStreams
- 5:00 Prepare/share dinner at Questhaven
- 7:30 Optional talk by Blake Isaac about the Questhaven Retreat with questions and answers at the Friendship House.
- 8:15 Optional prayers to the Elohim Astrea and Purity at the Contenta Cottage

Saturday, March 18

- 6:15 am Meet at Questhaven entrance gate for optional mindfulness sunrise hike with silent meditation. This is a somewhat steep hike in the dim light of dawn. Bring a flashlight (or phone flashlight) and possibly a hiking stick. Dawn is at 6:31 am and sunrise 6:55 am.
- 7:55 am Meet at Questhaven Paneurhythmy Circle
- 8:00 Dance the Paneurhythmy
- 9:00-9:10 Meet in front of Friendship House to carpool to Vista
- 10:00 *In seats. Meditation (total silence)
- 10:15 Prayers and songs. *Kuan Yin's Rosary of Mercy*
Saint Germain
Kuan Yin comes with a blessing.
- 11:45 Intermission
- 12:00 Prayers and songs
Divine Director: Cosmic Clearance
Reflections on HeartStreams
- 1:00 pm Sealing of conference for the broadcast listeners. Circle of Oneness and Appreciation. Announcements. Lunch at local restaurants or prepare lunch at Questhaven kitchens
- 3:00 Guided nature walk at Questhaven.
- 5:00 Prepare/share dinner at Questhaven
- 6:30 Optional sunset meditation (sunset: 6:58 pm, twilight 7:23 pm)
- 7:30 Optional prayers to the Elohim Purity and Astrea at the Contenta Cottage

Sunday, March 19 (Sunday's activities at Questhaven are free)

- 8:15 am Walk the Labyrinth (optional)

- 8:25 Meet at Questhaven Paneurhythmy Circle
- 8:30-9:20 Dance the Paneurhythmy
- 9:30 Quiet time, optional Oaktree Meditation outside Chapelito
- 10:35 Arrive at Questhaven Church of the Holy Quest
- 10:45 Sunday Service with Reverend Blake Isaac: *Flower Newhouse and the Universal Brotherhood of Light*
- 12:00 pm Community pot fortune lunch in Friendship House
- 1:30-2:30 Lecture at Friendship House by David Christopher Lewis entitled, *Divine Love: The Universal Panacea*

*The master recommends everyone arrive at least 15 minutes early to meditate before the morning sessions.

Spring Equinox: Monday, March 20, 3:29 am Pacific Time

This program is subject to change.

Revised 2/09/17