The Hearts Center 2017 Spring Equinox Meru University Event
Serapis Bey on Adeptship and the Ascension
March 16-19
Vista, and Questhaven Retreat, CA (San Diego area)

- **Questhaven Retreat**, lodging and free activities: 20560 Questhaven Rd., San Marcos, CA 92078. Check-in at 3:00 pm, checkout at 11:00 am. On Sunday checkout between 2:30 and 3:30 pm., after Sunday activities
  Approx. 50-min. drive from San Diego International Airport to Questhaven
  Approx. 25-min. drive from Questhaven to Vista venue
- **Spring MU Event venue**: Dennis Fisher's home (Temple of Clarity), 1541 Roma Drive, Vista, California 92081

All times PST

**Wednesday, March 15**
3:00 Check-in begins for lodging at Questhaven

**Thursday, March 16**
7:55 am  Meet at Questhaven Paneurhythmy Circle, adjacent to the Labyrinth (no gatherings on rainy or wet mornings)
8:00  Dance the Paneurhythmy
9:00-9:10  Meet in front of Friendship House to carpool to Vista.
9:30  Registration opens in Vista
10:00  *In seats. Meditation (total silence)
10:15  Prayers and songs. *Children’s Golden Buddha Rosary
  **Jesus**: *Welcome to the Initiatic Path*
  **John the Beloved**: *Meditation on Love*
11:45  Intermission
12:00 pm  Prayers and songs
  **Confucius**: *The Path of Enlightenment*
1:00  Announcements. Lunch at local restaurants. Grocery shopping for those making meals at Questhaven. Return to Questhaven
4:00  Prepare dinner at Questhaven kitchens
5:30  Dinner, community sharing
7:30  Optional prayers to the Elohim Astrea and Purity at the Contenta Cottage

**Friday, March 17 (Saint Patrick’s Day)**
7:55 am  Meet at Questhaven Paneurhythmy Circle adjacent to the Labyrinth
8:00  Dance the Paneurhythmy
9:00-9:10  Meet in front of Friendship House to carpool to Vista
10:00  *In seats. Meditation (total silence)
10:15  Prayers and songs. Vesta’s Solar Rosary
      **Mother Mary: Sacred Touch for Healing**
11:45  Intermission
12:00 pm  Prayers and songs.
      **Spirit of the Cosmic Christ**
1:00  Announcements. Lunch at local restaurants or prepare lunch at Questhaven kitchens
3:00  Hike and darshan with Serapis Bey and Amen Bey (will not be broadcast; however, recording will be posted on replay page)
      Reflections on HeartStreams
5:00  Prepare/share dinner at Questhaven
7:30  Optional talk by Blake Isaac about the Questhaven Retreat with questions and answers at the Friendship House.
8:15  Optional prayers to the Elohim Astrea and Purity at the Contenta Cottage

**Saturday, March 18**
6:15 am  Meet at Questhaven entrance gate for optional mindfulness sunrise hike with silent meditation. This is a somewhat steep hike in the dim light of dawn. Bring a flashlight (or phone flashlight) and possibly a hiking stick.
      Dawn is at 6:31 am and sunrise 6:55 am.
7:55 am  Meet at Questhaven Paneurhythmy Circle
8:00  Dance the Paneurhythmy
9:00-9:10  Meet in front of Friendship House to carpool to Vista
10:00  *In seats. Meditation (total silence)
10:15  Prayers and songs. Kuan Yin’s Rosary of Mercy
      **Saint Germain**
      Kuan Yin comes with a blessing.
11:45  Intermission
12:00  Prayers and songs
      **Divine Director: Cosmic Clearance**
      Reflections on HeartStreams
1:00 pm  Sealing of conference for the broadcast listeners. Circle of Oneness and Appreciation. Announcements. Lunch at local restaurants or prepare lunch at Questhaven kitchens
3:00  Guided nature walk at Questhaven.
5:00  Prepare/share dinner at Questhaven
6:30  Optional sunset meditation (sunset: 6:58 pm, twilight 7:23 pm)
7:30  Optional prayers to the Elohim Purity and Astrea at the Contenta Cottage

**Sunday, March 19** (Sunday’s activities at Questhaven are free)
8:15 am  Walk the Labyrinth (optional)
8:25  Meet at Questhaven Paneurhythmy Circle
8:30-9:20  Dance the Paneurhythmy
9:30  Quiet time, optional Oaktree Meditation outside Chapelito
10:35  Arrive at Questhaven Church of the Holy Quest
10:45  Sunday Service with Reverend Blake Isaac: \textit{Flower Newhouse and the Universal Brotherhood of Light}
12:00 pm  Community pot fortune lunch in Friendship House
1:30-2:30  Lecture at Friendship House by David Christopher Lewis entitled, \textit{Divine Love: The Universal Panacea}

*The master recommends everyone arrive at least 15 minutes early to meditate before the morning sessions.

Spring Equinox: Monday, March 20, 3:29 am Pacific Time

This program is subject to change.