

## **Recommended Natural Food Grocery Stores and Cafés in the Vista Area**

Frazier Farms Natural Grocery  
225 Vista Village Drive  
Vista, CA  
(760) 758-7175

Jimbo's Natural Foods Grocer  
1923 Calle Barcelona  
Carlsbad, CA 92009  
760-334-7755

Urban Plates—casual natural food  
restaurant, order at counter  
Same address as Jimbo's  
(Forum Shopping Center Next to Jimbo's)  
760-652-5678

Trader Joes  
2629 Gateway Rd  
Carlsbad, CA 92009  
760-603-8473

Sprouts Farmers Market  
3243 Camino de los Coches  
Carlsbad, CA 92009  
760-635-0625

Trader Joes  
1885 S Centre City Pkwy  
Escondido, CA 92025  
760-233-4020

Sprouts Farmers Market  
510 W. 13th Ave.  
Escondido, CA 92025  
760-743-1528

Whole Foods Market  
2600 Via De La Valle #100  
Del Mar, CA 92014  
(858) 436-9800

Lotus Cafe & Juice Bar  
765 S. Coast Hwy 101  
Encinitas, CA 92024  
(in the Lumberyard Shopping Ctr)  
760-479-1977

Souplantation  
1860 University Dr.  
Vista CA 92083-7700  
760-630-9217