The Hearts Center Presents

Saint Germain on Meditation

Montreal, Canada

September 14, 2014

All times EDT

8:00 am  Prayers and songs
8:30   Discourse by Saint Germain: Developing Greater Mindfulness
9:15   Guided violet fire meditation with Saint Germain
9:45   Intermission
10:15  Darshan with Saint Germain: Students ask questions on any aspect of meditation.

Noon   Lunch

2:00 pm  Prayers and songs
2:30   Healing ceremony with Saint Germain: Healing the Past through Accelerating the Fires of Transmutation through Silence
3:30   Intermission
4:00   Darshan with Saint Germain: He asks questions of the students.
        Beginning 4:45: Students ask questions of Saint Germain.
5:30   HeartStream by Saint Germain: The Alchemy of Mindfulness
6:00   Dinner