

## **What to Wear and to Bring**

### **Hiking**

We plan some afternoon hikes and hope you will join us! Bring your walking or hiking shoes, a hat for sun protection, water, a daypack and sunscreen. Although mosquitoes are not too prevalent in June, you may choose to bring insect repellent, too.

### **June Weather in Livingston**

June in Livingston offers a variety of climates, as many of you know. The mornings and evenings can be a bit chilly. The average highs are 75 degrees and the average lows are 45 degrees, however it can get up to the 80's and occasionally even the 90's. Bring clothing for most any kind of weather—from shorts, Capris, T-shirts and sandals to slacks, long-sleeved shirts, sweaters, sweatshirts, jackets and hats—and be prepared to layer. In case of rain, bring your vinyl jacket or poncho and an umbrella.

### **Kitchen and Dining Room**

Kitchen and dining room facilities are available in the same building as the Livingston Sanctuary for you to make your own meals.

### **Sanctuary**

Please remember to turn off your electronic devices before entering the sanctuary. Bring slippers or socks to wear, as you will be taking off your street shoes. You may also wish to bring a pad or backrest for your chair. A limited number of chair pads will be available at the conference bookstore for approximately \$12 each if you would like to purchase one when you come. There will be no air conditioning but good outside air circulation. Be prepared for varying temperatures indoors, too.

### **Sunrise Service**

If you plan to participate in our sunrise service at Spirit Ridge, bring along a small blanket, towel or pad to sit on.

### **Swimming**

Remember your swimsuit for Chico Hot Springs, the Livingston public pool or your hotel pool.

### **Talent Show and Harmony Club**

Bring your musical instruments and your talent to share!