Light is the Alchemical Key  
Cosmic Charge for the Year 2008  
*Sacred Retreat for the Keepers of the Lightning*  
Saturday, December 29th - Tuesday, January 1st

**Saturday, December 29th**

2:00 p.m. CST  Registration with prayers in the meeting room  
3:30-5:30  *Lanello’s* welcome and darshan  
Presentation: *Teaching on Your Buddha Nature Chart* by David C. Lewis  
Meditation  
HeartStream: *Queen of Light*

5:30-7:00  Dinner  
6:30-7:00  Decrees and prayers (for those who return early from dinner)  
7:00-7:45  Presentation: *Communication with your Higher Self is a Two-Way Street* by Lisa Delaney  
7:45-9:30  Joy in the Heart of Saint Germain Service: prayers, mantras and song service for the victory of Chicago, Saint Germain’s town  
Introduction of Heartfriends Group of Bloomingdale  
Meditation  
HeartStreams: *Mother Mary and Saint Germain*

**Sunday, December 30th**

7:00-8:30 a.m.  Golden Buddha Rosary for the illumination of the youth  
Meditation  
HeartStream: *Goddess of Light*  
8:30-10:00  Breakfast  
10:00-10:30  Continuing the Spirit of Christmas: a visit from Father Christmas and his carolers!  
10:30-12:00  Devotional Service  
Meditation  
HeartStream: *Lord Maitreya*  
12:00-1:30  Lunch  
1:30-2:00  Illumination prayers and decrees  
2:00-3:00  *2008 and Beyond: Vision for The Hearts Center* by council members  
3:00-3:15  Break  
3:15-4:00  *Keepers of the Lightning*<sup>SM</sup>  
A course of instruction with David C. Lewis  
*Teaching on Keepers of the Lightning*  
4:00-5:30  Prayers for the illumination and victory of our youth  
5:30-7:00  Dinner  
6:30-7:00  Decrees and prayers (for those who return early from dinner)  
7:00-9:00  Decree and prayer service for the youth  
Meditation  
HeartStream: *Mighty Victory*
Monday, December 31st

7:00-8:30 a.m.  Golden Buddha Rosary for the clearing of records of 2007  
Meditation  
HeartStream: *Rose of Light*

8:30-10:00  Breakfast

10:00-12:00  Presentation: **Communicating from the Heart** by Hema Pokharna, PhD.,  
Researcher at the University of Chicago, director of “Journeys of Life,” certified teacher in Nonviolent Communication

12:00-1:30  Lunch
1:30-2:30  Decrees and prayers for the clearing of records of 2007
2:30-3:15  Presentation: **Focus: Fohat in the Locus of God’s Eye** by Anthony Rogers
3:15-3:30  Break
3:30-4:45  HeartstreamingSM  
A course of instruction with David C. Lewis

4:45-5:30  Meditation  
HeartStream: *Omraam (Mikhael Aivahnov)*

5:30-7:00  Dinner
6:30-7:00  Decrees and prayers (for those who return early from dinner)
7:00-8:00  Presentation: **The Life of Gautama Buddha** with children’s dramatizations,  
video excerpts from “The Little Buddha” and poetry

8:00-10:00  Violet Flame Vigil to clear records of 2007
9:30-10:00  Break as needed during decrees
10:00-11:00  Keepers of the LightningSM  
A course of instruction with Boyd Badten  
**Esoteric and Scientific Perspectives on the Meaning of Lightning**

11:00-11:45  Bhajans and songs to the Buddhas, visualizing a wonderful 2008
11:45-11:50  Consecration of letters to the Great Karmic Board
11:50-11:55  Silent meditation in preparation for Gautama Buddha
11:55-12:15  HeartStream: *Gautama Buddha*
12:15-12:30  Buddha pudding served and Happy New Year wishes shared!

Tuesday, January 1

10:00-11:30  Rosary of Faith and decrees for the will of God in 2008  
Meditation  
HeartStream: **El Morya**

11:30-12:00  Presentation: **The Stelle Community** by Patrick Rogers
12:00-2:00  Decrees and prayers to El Morya and the blue ray masters  
Meditation  
HeartStream: **Hercules**  
Sealing of conference