

**Light is the Alchemical Key**  
Cosmic Charge for the Year 2008  
***Sacred Retreat for the Keepers of the Lightning***  
Saturday, December 29<sup>th</sup> -Tuesday, January 1<sup>st</sup>

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- 2:00 p.m. CST Registration with prayers in the meeting room  
3:30-5:30 ***Lanello's*** welcome and darshan  
Presentation: **Teaching on Your Buddha Nature Chart** by David C. Lewis  
Meditation  
HeartStream: ***Queen of Light***  
5:30-7:00 Dinner  
6:30-7:00 Decrees and prayers (for those who return early from dinner)  
7:00-7:45 Presentation: **Communication with your Higher Self is a Two-Way Street**  
by Lisa Delaney  
7:45-9:30 Joy in the Heart of Saint Germain Service: prayers, mantras and song service for  
the victory of Chicago, Saint Germain's town  
Introduction of Heartfriends Group of Bloomingdale  
Meditation  
HeartStreams: ***Mother Mary and Saint Germain***

Sunday, December 30<sup>th</sup>

- 7:00-8:30 a.m. Golden Buddha Rosary for the illumination of the youth  
Meditation  
HeartStream: ***Goddess of Light***  
8:30-10:00 Breakfast  
10:00-10:30 Continuing the Spirit of Christmas: a visit from Father Christmas and  
his carolers!  
10:30-12:00 Devotional Service  
Meditation  
HeartStream: ***Lord Maitreya***  
12:00-1:30 Lunch  
1:30-2:00 Illumination prayers and decrees  
2:00-3:00 **2008 and Beyond: Vision for The Hearts Center** by council members  
3:00-3:15 Break  
3:15-4:00 ***Keepers of the Lightning***<sup>SM</sup>  
A course of instruction with David C. Lewis  
**Teaching on Keepers of the Lightning**  
4:00-5:30 Prayers for the illumination and victory of our youth  
5:30-7:00 Dinner  
6:30-7:00 Decrees and prayers (for those who return early from dinner)  
7:00-9:00 Decree and prayer service for the youth  
Meditation  
HeartStream: ***Mighty Victory***

Monday, December 31st

- 7:00-8:30 a.m. Golden Buddha Rosary for the clearing of records of 2007  
Meditation  
HeartStream: *Rose of Light*
- 8:30-10:00 Breakfast
- 10:00-12:00 Presentation: **Communicating from the Heart** by Hema Pokharna, PhD.,  
Researcher at the University of Chicago, director of “Journeys of  
Life,” certified teacher in Nonviolent Communication
- 12:00-1:30 Lunch
- 1:30-2:30 Decrees and prayers for the clearing of records of 2007
- 2:30-3:15 Presentation: **Focus: Fohat in the Locus of God’s Eye** by Anthony Rogers
- 3:15-3:30 Break
- 3:30-4:45 *Heartstreaming*<sup>SM</sup>  
A course of instruction with David C. Lewis
- 4:45-5:30 Meditation  
HeartStream: *Omraam (Mikhael Aivanhov)*
- 5:30-7:00 Dinner
- 6:30-7:00 Decrees and prayers (for those who return early from dinner)
- 7:00-8:00 Presentation: **The Life of Gautama Buddha** with children’s dramatizations,  
video excerpts from “The Little Buddha” and poetry
- 8:00-10:00 Violet Flame Vigil to clear records of 2007
- 9:30-10:00 Break as needed during decrees
- 10:00-11:00 *Keepers of the Lightning*<sup>SM</sup>  
A course of instruction with Boyd Badten  
**Esoteric and Scientific Perspectives on the Meaning of Lightning**
- 11:00-11:45 Bhajans and songs to the Buddhas, visualizing a wonderful 2008
- 11:45-11:50 Consecration of letters to the Great Karmic Board
- 11:50-11:55 Silent meditation in preparation for Gautama Buddha
- 11:55-12:15 HeartStream: *Gautama Buddha*
- 12:15-12:30 Buddha pudding served and Happy New Year wishes shared!

Tuesday, January 1

- 10:00-11:30 Rosary of Faith and decrees for the will of God in 2008  
Meditation  
HeartStream: *El Morya*
- 11:30-12:00 Presentation: **The Stelle Community** by Patrick Rogers
- 12:00-2:00 Decrees and prayers to El Morya and the blue ray masters  
Meditation  
HeartStream: *Hercules*  
Sealing of conference

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