

## Communion

I receive Thee now.  
Thy essence, flow through me.  
Thy body and thy blood  
Is my reality.  
Flesh of my flesh,  
Bone of my bone,  
Christ Spirit, live in me.  
As increment by increment  
I am becoming Thee.

I receive Thee now.  
O glorious Savior mine.  
Not only in remembrance  
But that in me you'll shine.  
The bread is broken,  
Shared, consumed,  
As endless ages roll.  
One loaf are we, one origin,  
No separateness, one whole.

I receive Thee now.  
Sweet wine of seventh ray.  
Thy mercy courses through me,  
Unending, day by day.  
Each cell transformed  
By love's own hand  
Until I am all Thee.  
Ascension's garments clothe me now!  
Communion, union be!