

In the name of my beloved mighty I AM Presence and Holy Christ/Buddha Self, I invoke and envision a corona of energy from Helios and Vesta around my aura as a garment of light that is a precursor of my eternal solar body. I now spread my wings as I feel the cosmic impulse of the light of Helios and Vesta before, behind and around me, hallowing the sacred space of my life. I now draw forth around my form a sphere of light through which this cosmic radiation may be the new food of the Spirit. I see my being as spherical, for this is my true nature; and I feel the cosmic radiation as a new communion of the Spirit.

*Visualize a sphere of white light around your form as you draw with your arms a circle around your waist and a second circle from head to toe. Feel cosmic radiation nourishing you.*

Through the holy breath, I ingest the prana from the Sun into my etheric body and accept the solar breath of Helios and Vesta as a transfer of the breath of Alpha and Omega.

I now imbibe and breathe in this solar breath, increasing the golden, liquid light in my bloodstream.

*Breathe deeply three times.*

I intensify the action of this solar sphere and solar breath by drawing this light into the center of my heart and into the secret chamber thereof where the flame of God abides. I draw the plumes of my three-fold flame higher and envision myself as a sun of God, radiating love, light and life to all.

*Give 0.001 or 0.005. (1x)*

*Visualize light radiating to all of life in your neighborhood, city, state, nation and the entire planet, especially into specific situations that require a transfusion of golden, liquid light.*