

1. Arise early and greet the sun for at least 10 minutes—ideally for at least 5 minutes before and after its first appearance on the horizon. Talk to the sun and to the God Light within your heart and ask for divine guidance.
2. Go to a quiet place where you will not be disturbed, preferably in nature. Ask your Solar Presence to bless you with divine guidance.
3. Sing prayer 20.001, I AM the Sun, with all your heart and with arms upraised to the sun.
4. Give either or both of the prayers to the Great Divine Director, 10.004, 10.008, until you feel a strong contact with his heart and being, preferably at least 3 times and up to 33 times.
5. Sing prayer 20.001, I AM the Sun, again with all your heart and with arms upraised to the sun.
6. Record in a journal your impressions and feelings and any inspirations from the master or your own Solar Presence. Trust any intimations, suggestions and directives that come and follow through on them.
7. Repeat this ritual daily for 7, 14, 21, 28 or 33 days or until you feel your questions have been answered or appropriate direction has been provided.
8. Divine direction is progressive and revelatory, based on a golden-ratio spiral of solar-light energy that will guide you on wings of angels and with the swiftness of the Mercurian mind and the caring of Venusian love.

Note from the messenger: If devotees desire divine direction in their lives, they may look to the sun, to their own Solar Presence and within for that direction. Finding the answers within themselves rather than from external sources is key for this current time and age. In addition, they will also find many keys by studying the full complement of available teachings of the Master Omraam, of the Master Peter Deunov and of the many HeartStreams through this movement currently available from the Great Divine Director.