

Mantras to the Five Dhyani Buddhas

OM VAIROCHANA OM

OM AKSHOBHYA HUM

OM RATNASAMBHAVA TRAM

OM AMITABHA HRIH

OM AMOGHASIDDHI AH

Buddhist Mantras

1. OM MANI PADME HUM
2. OM AH HUM VAJRA GURU PADMA SIDDHI HUM
3. OM TAT SAT AUM
4. OM WAGI SHORI MUM
5. OM AH RA PA TSA NA DHIH
6. OM VAJRASATTVA HUM
7. OM TARE TUTTARE TURE SVAHA
8. OM NARANI JIVANTIYE SVAHA
9. GATE GATE PARAGATE PARASAMGATE
BODHI SVAHA
10. TATYATA AUM MUNI MUNI MAHA MUNI
SHAKYA MUNIYE SVAHA

**Hindu Mantras
to the Feminine Deities**

Sarasvati: OM AIM SARASVATYE NAMAHA
Lakshmi: OM SRIM LAKSMYE NAMAHA
Kali: OM KRIM KALIKAYE NAMAHA
Durga: OM DUM DURGAYE NAMAHA

AIM HRIM KLIM CHAMUNDAYE VICHE
OM MATA SRI MATA
OM SRI MATA DURGA MA
JAYA DURGE JAYA DURGE
DURGE DURGE SIVE SIVE

**Bija Mantras
to the Feminine Deities**

Sarasvati: AIM
Lakshmi: SRIM
Kali: KRIM
Durga: DUM

Chakra Meditations

From the Base of the Spine to the Crown

OM AIM NAMAHA
OM HRIM NAMAHA
OM SHRIM NAMAHA
OM AIM HRIM KLIM CHAMUNDAYE VICHE
OM SOU HU NAMAHA
OM KRIM NAMAHA
OM AIM HRIM SHRIM
KLIM SOU HRI OM

OM AIM NAMAHA
OM VAM NAMAHA
OM RAM NAMAHA
OM YAM NAMAHA
OM HAM NAMAHA
OM NAMAHA
OM

Bija Mantras for the Chakras

From the Base of the Spine to the Crown

AIM
GLOUM
HRIM
KLIM
SOU HU
SHRIM
OM

Other Mantras

OM TRAYAMBAKAM YAJAMAHE
SUGANDHIM PUSHTI VARDHANAM
URUVA RUKAMIVA BANDHANAT
MRITYOR MUKSHIYA MAMRITAT

OM NAMO NARAYANAYA (4x)

100 Syllable Mantra

OM VAJRASATTVA SAMAYA MANU PALAYA
VAJRASATTVA TENO PATISH THA
DRIDHO ME BHAVA, SUTO KAYO ME BHAVA
SUPOKAYO ME BHAVA, ANU RAKTO ME BHAVA
SARVA SIDDHI ME PRA YATSTA
SARVA KARMA SUTSA ME
TSITTAM SHREYAM KURU HUNG HA HA HA HA HO
BHAGAWAN SARVA TATHAGATA
VAJRA MA ME MUNTSVA VAJRA BHAVA
MAHA SAMAYA SATTVA
AH HUM PHAT

English Translation

*Om Vajrasattva, keep your pledge.
Vajrasattva reside in me. Make me firm; make me satisfied.
Fulfill me. Make me compassionate. Grant me all siddhis.
Make my mind virtuous in all actions. Hum Ha Ha Ha Ha Hoh!
All the blessed Tathagatas, do not abandon me.
Make me indivisible.*

Gayatri Mantra

OM BHUR BHUVAH SVAH
TAT SAVITUR VARENYAM
BHARGO DEVASYA DHIMAHI
DHIYO YO NAH PRACHODAYAT

English Translation

*You who are the source of all power,
Whose rays illuminate the world,
Illuminate also my heart and my mind
So that they, too, can do your work!*

The Gayatri Mantra, believed to have been chanted for over 3,500 years, is an earnest prayer of praise invoking the Supreme Divine Spirit to awaken the higher mind to attune ourselves to the cosmic mind and to cosmic laws. There are seemingly many different ways to chant the Gayatri Mantra. One version that we find especially melodious can be found at www.sacha-cd.com/gayatri_mantra.htm.