

## **2017 Summer Events What to Wear and Bring**

In June in Livingston, Montana, the average highs are 75 degrees and the average lows are 45 degrees. Plan to bring clothes for any kind of weather and be prepared to layer. Bring clothing for warm weather—shorts, T-shirts, and sandals. Also bring clothing for wet/and or chilly weather—a rain jacket or poncho, long pants, long sleeve shirts, a sweatshirt and/or fleece and a jacket. It could be chilly in the morning at sunrise and the weather may cool down again in the evenings.

If you are going to *In the Garden with Anastasia IV*, wear gardening clothes, a hat, and a jacket as you will be outside and will be doing some digging and planting.

We will be dancing the Paneurhythmy at 7:00 am in the mornings at David and Mona's property. Wear a jacket as it may be chilly and dress in layers so if it warms up you can remove a layer. Bring a water bottle and wear comfortable shoes. On Tuesday when we dance the final Paneurhythmy, the suggested dress is: women wear pastel or white dresses or skirts, knee length or longer; men wear white shirts and white long pants.

For hiking bring tennis shoes, socks, a light daypack, a hat, and a water bottle. If you would like to go swimming at Chico Hot Springs or a motel pool, bring a bathing suit.

Remember to pack your decree book and rosary booklets. You will be taking your shoes off before going into the Livingston Sanctuary of the Heart, so bring some slippers or socks to wear in the sanctuary. You may also wish to bring a pad or backrest for your chair to make it more comfortable. Also, please be aware that before you go into the sanctuary you must completely turn off your cell phones and electronic equipment, or leave them outside the sanctuary.

Prepare to have fun in the great Montana outdoors!