

## The Hearts Center Summer Solstice 2012 World Freedom Conference

### *Love Is the Key to Aquarian Freedom— A Festival of Light in Winnipeg*

June 20–24, St. Benedict’s Retreat and Conference Centre, Winnipeg, Canada

(All times are Central Daylight Time.)

#### **Tuesday, June 19: Registration Day**

1:00 p.m. Room check-in begins  
3:00 Registration opens  
5:00 Dinner

#### **Wednesday, June 20: Youth Day, Summer Solstice**

5:30 a.m. Outdoor sunrise meditation  
6:00 Morning hike with the youth  
6:30 Registration opens  
6:45 In seats. Silent meditation  
7:00 Welcome by David C. Lewis; Athena Purdin, our youth leader; and Arny Hjaltadottir, our representative from Winnipeg  
Prayers and songs lead by the youth  
Paul the Venetian: *Welcome to the Heart Chakra of Our Earth!*  
8:00 Breakfast  
9:00 *Children’s Golden Buddha Rosary*, prayers and songs led by the youth  
9:45 John the Beloved: *How to Become “Beloved” of God*  
10:15 Intermission  
10:30 Prayers and songs led by the youth  
Lanello: *I Proclaim You Free to Love Your Self!*  
11:30 Finding Self-love--personal stories shared by the youth  
11:55 Announcements  
12:00 noon Lunch  
1:15 p.m. Experience and explore through the eyes of your inner child—afternoon outing planned by the youth at Bird's Hill Park. Activities offered will be: taking a nature walk along the Cedar Bog trail, walking along the Pine Ridge historical trail, swimming in the lake, the “experiencing nature with the eyes of a child” activity, and games organized in the field.  
5:00 Dinner  
6:00 Blessing of all youth with golden light  
6:30 Youth darshan with the ascended masters  
8:00 Intermission  
8:15 Presentation and sharing: “How Young People Bring Spirituality to Their Daily Lives and the World”

8:45 Accessing youthful energies with laughter—Canadian comedy  
9:00 Campfire

### Thursday, June 21: International Day

5:30 a.m. Outdoor sunrise meditation  
6:00 Morning hike and/or Paneurhythmy  
6:45 In seats. Silent meditation  
7:00 Rosary, prayers, mantras and songs  
New Canada Prayers: CS-45, “Prayer of Gratitude to Bonnie Blue”  
CS-46, “Bonnie Blue’s Prayer for the Canadian People”  
Bonnie Blue: *Blessing the Sacred Land and Peoples of Canada*  
8:00 Breakfast  
9:00 Prayers and songs  
New Canada Prayer: CS-27, “Affirmations in Appreciation of Hermes Trismegistus”  
Canada Song: “The Maple Leaf Forever”  
10:15 Archangel Michael: *Fly with Faith and Me into a New World of Light*  
El Morya with Hermes: *Our Solstice Message for North Americans*  
Consecrate Karmic Board letters  
11:00 March of International Unity  
11:15 International Day Celebration featuring Nicolas Carter\* on the harp  
Musical salute to the nations and washing in golden light  
Reports from Sweden, Argentina, and Chile  
11:55 Announcements  
12:00 noon Lunch  
1:00 p.m. Meet to carpool to Royal Canadian Mint  
1:45 Pay for tour, browse gift shop and grounds  
2:30 Royal Canadian Mint tour begins  
3:15 Carpool back to St. Benedict’s Retreat Centre  
3:50 Movie--*Manitou Api: Where the Sun Rises* (68 min.)--a First Nations Elder and an architectural historian uncover ancient symbols in a Canadian government building, symbols which validate a present day Native American prophecy that speaks of the “return of the people to the center” (the heart) and the revealing of the “7 sacred teachings” of the indigenous people.  
5:00 Dinner  
6:00 Prayers and songs  
New Canada Prayer: CS-47, “Prayer for Canada as an Aquacultural Nation”  
6:30 Musical salute to the nations and washing in golden light: Reports from Canada and Spain  
7:15 Paraguayan harp polkas and dances for inner and international peace  
7:45 Reports from U.S. Heart Centers and Heartfriends Groups  
8:30 Movie—*Choking Lake Winnipeg*  
9:00 Astreas and campfire

## Friday, June 22

- 5:30 a.m. Outdoor sunrise meditation  
6:00 Morning hike and/or Paneurhythmy  
6:45 In seats. Silent meditation  
7:00 *Vesta's Solar Rosary* outdoors  
New Canada Prayer: CS-22, "Invocation to the Sun by Omraam"  
*Melchizedek: Live in the Light of Aquarian Love and Freedom!*  
8:00 Breakfast  
9:00 Report on South Africa from International Council President, Ralph Raaths  
Prayers and songs  
Canada Song: "Canada Day, Up Canada Way"  
Harp musical meditation  
10:15 Saint Germain: *The Alchemical Science of Aquarian Prayer*  
Great Divine Director: *Journey to the Cave of Light with Me!*  
11:00 Singing and dancing across Canada  
11:15 Presentation by Marion Davidson\*: "Nature-ally Me"  
11:45 Presentation by Audrey Logan\*, an indigenous elder of traditional cultivation  
11:55 Announcements  
12:00 noon Lunch  
1:00 p.m. Meet to carpool to Manitoba Legislative Building  
2:15 Hermetic Code Tour with Frank Albo\* begins  
3:45 Carpool back to St. Benedict's Retreat Centre  
5:00 Dinner  
6:00 Public lectures by Frank Albo:  
"Utopian Architecture and Magical Gardens"  
"Kabbalah—Linguistic Mysticism"  
7:30 Intermission  
7:45 Lectures continued  
9:15 Evening Astreas and campfire

## Saturday, June 23

- 5:30 a.m. Outdoor sunrise meditation  
6:00 Morning hike and/or Paneurhythmy  
6:45 In seats. Silent meditation  
7:00 Rosary, prayers, mantras and songs  
*Jesus: Visionaries of Aquarius, Awaken!*  
8:00 Breakfast  
9:00 Prayers and songs  
Canada Songs: "This Land is Your Land" and "Land of the Silver Birch"  
10:15 Mother Mary: *My Secrets for Living a Balanced Spiritual Life*  
Mystery Master: *The Flowering of Your God-Identity Begins Now!*  
11:00 Dancing with the stars, sun and nature spirits

- 11:15 Hearts Center Council report and community meeting
- 11:55 Announcements
- 12:00 noon Lunch
- 1:15 p.m. Hiking and swimming at Birds Hill
- 1:15 Knights and Ladies meeting
- 2:45 Trip to garden of Audrey Logan or hiking
- 5:00 Dinner
- 6:00 Prayers and songs
- 6:30 Community Talent Show—*Levity, Light and Solar Living* with Richard Lorenz, Master of Ceremonies. Guest appearances by Laugh-a-Lot and Lord Ling, featuring Nicolas Carter on the harp and a play by the youth
- 8:30 Levity, light and solar dancing
- 9:00 Astreas and campfire

### **Sunday, June 24**

- 5:30 a.m. Outdoor sunrise meditation
- 6:00 Morning hike
- 6:45 In seats. Silent meditation
- 7:00 Rosary, prayers, mantras and songs  
*Chamuel and Charity: Be Christened with the Love Fires of Heaven!*
- 8:00 Breakfast
- 9:00 Prayers and songs
- 10:00 Maha Chohan: *Baptism by Fire*
- 10:30 Intermission
- 10:45 Prayers and songs  
New Canada Prayer: *CS-32 Meditations from the Heart of Heros and Amora*  
Harp musical meditation for the heart
- 11:00 Heros and Amora: *Wield the Power of Love to Change Our World!*  
Personal blessing of the heart with a gemstone by Heros and Amora
- 11:30 Lake Titicaca Pilgrimage presentation
- 11:45 Mighty Victory: *Experience Victory's Love Feast of Light!*  
Sealing of the conference and circle of fellowship and appreciation
- 12:00 noon Lunch
- 1:00 p.m. Room check-out

### **\*Presenters**

#### **Nicolas Carter**

Nicolas Carter was raised in Paraguay where he learned to play the Paraguayan harp, the national folk instrument. He has been composing, recording and performing harp music for more than 20 years and has recorded nearly a dozen albums in the United States, Europe and South America, both as a solo artist and with Latin American and world music ensembles. Nicolas finds inspiration for his original compositions from observations of nature and in precious moments of everyday life. His performances integrate harp music

with these observations and reflections on culture, often with a hint of humor, to create a warm and inviting experience for audiences. He is often a featured concert performer and master teacher at national and international harp festivals.

### **Frank Albo**

Frank Albo is a Cambridge architectural historian and an expert on Freemasonry and the Western mystery tradition. His groundbreaking discoveries on esoteric symbolism encoded in prominent government monuments, churches, and gardens have been featured in numerous articles, radio, and television programs as well as in his best-selling book, *The Hermetic Code* (2007). In an exhilarating blend of scholarly intrigue and Indiana Jones-style discovery, Frank Albo peels back conventional history and brings to life forbidden knowledge and mystical architecture hidden all around us.

### **Marion Davidson**

Marion Davidson learned to love and respect nature early in life and is a life-long gardener. In partnership with her husband and family, and following organic principles, Marion ran a mixed farm and market garden for fifteen years. She sold at many local Farmer's Markets and was known by many as the "Strawberry Lady". Marion also referred to herself as "The Good Shepherd" as she had a flock of 100 sheep. She was the midwife at lambing time, always ready to support her "moms in waiting" day or night. Marion studied Permaculture and received her Design Certificate in 2008 and shortly following began her own business called *Permaculture Plus*. Marion works to increase awareness and be an example of how to transition her present urban community toward more local food production.

### **Audrey Logan**

Audrey Logan is an aboriginal Canadian and 'traditional knowledge carrier' who grows and eats only foraged and her own home grown pure food. She literally lives by her passion for cultivation in harmony with nature. Her grandmother was a renowned native doctor/medicine woman, healer and midwife who opened the first hospital in the Northern Alberta territories. Audrey has spoken at Winnipeg's annual spring 'Growing Local' conference and on the local TV series, 'Vitality Gardening;' and has given numerous presentations throughout North America on indigenous plant use and cultivation methods. Audrey gives programs for the boys and girls clubs, the aboriginal girl guides, and is currently providing hands-on experience for kids at the Dufferin middle school community garden. She invites us to come and see why she has such rich planting beds and to learn the secrets of tomatoes and potatoes. She will also reveal tips for companion planting and moon cycle growing, and how to get 4 crops a year in the northern climates.

Note: This program is subject to change.