



## Beloved Jesus on Being Happy!

In a delightful, stress-freeing discourse by our beloved Jesus, delivered on March 8, 2017, the Master shares insights into ways that keep us in "God's joy-field of life"! This state of being has nothing to do with what is happening around us. Jesus helps us to re-discover and stay within this happiness field.

You will be uplifted by simply listening to this spirit-resurrecting teaching. Then choose, and choose again and again, to live in your true state of being-happiness!

Find answers to these questions:

- Why is happiness our natural state?
- How does choosing to stay in the state of happiness assist also our families, our communities?
- What can we learn from children about being in a happy state?
- What does the "aha!" experience have to do with the feeling of happiness?
- How does mindful communication contribute to happiness?
- Why does Jesus call nature a "happiness field"?
- What practical activities can specifically assist us in getting back to our happy state?
- What masters can we invoke to help us maintain our joy, our levity?

Claim your happiness today as you listen to Jesus' entire discourse [here](#):



## Upcoming Events and Broadcasts

All times MDT

**April 9**, 11 am-1 pm, Heartfriend Wisdom Series ***The Magda Connection, Part 2*** with Steve Miller.

**April 23**, 11am-2 pm, Meru University Course *Healing with the Medicine Buddha*. with David Christopher Lewis. Many people are experiencing discomfort, pain and/or degenerative diseases within their bodies, minds and souls. The Medicine Buddha has the keys to alleviating all issues arising from any source, allowing devotees to access and resolve the core problems resulting in these conditions through what he calls Buddhist Mindfulness Magic. Join us in experiencing his unique take on healing and wholeness, and receive an impetus of light to help you overcome whatever is ailing you or keeping you from fulfilling your highest aspirations.

**Register now**

**June 16**, Livingston, MT. Meru University event: *In the Garden with Anastasia IV*

**June 17-20**, Livingston, MT. *Divine Mercy Comes to Save You and the Earth! Kuan Yin and the Heavenly Mothers East and West Inaugurate a New Golden Cycle of Mercy Save the date!!!*



**Steve Miller**

**Sunday, April 9, 11:00 am-1:00 pm MDT**

Please join us for a fascinating journey of discovery based on a newly found "Lost Gospel" detailing the holy union of Jesus and Mary Magdalene, the true nature of their relationship and family, and her role as the foundation of the early gnostic Christian church. The text reveals new information about the politics of the crucifixion, an attempt by Roman leaders to abduct Mary Magdalene and a previously unknown attempt on Jesus' life years before the crucifixion. New information on Jesus' inner circle from recent archaeological discoveries will also be discussed.

**Course Fee: \$33**

**Register Now** Registration closes Friday, March 24 at 3:00 pm



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bodies, minds and souls. The Medicine Buddha has the keys to alleviating all issues arising from any source, allowing devotees to access and resolve the core problems resulting in these conditions through what he calls Buddhist Mindfulness Magic. Join us in experiencing his unique take on healing and wholeness, and receive an impetus of light to help you overcome whatever is ailing you or keeping you from fulfilling your highest aspirations.

The Medicine Buddha is normally portrayed with deep blue skin, the color of lapis lazuli. He will use the spiritual essences within this sacred gemstone to reboot your life and to impel you forward on your Buddhist path of light. He will share teachings on the twelve vows he made upon attaining enlightenment and how these apply to us today to help relieve suffering of all sentient beings, beginning first with ourselves!

We will seek refuge in the Medicine Buddha's serene auric field during this 3-hour class. We will experience his mirthful mind and compassionate heart as we receive his new revelatory teaching so important for today.

### Course Syllabus

**\$33 Register Now**

Registration closes Friday, April 21 at 3:00 pm

### **From a Darshan with Manjushri, on December 19, 2013**

The Medicine Buddha is a great being and can help any practitioner of the healing arts and sciences to reach a new state where wholeness ensues from within the Self of the client as well as the practitioner. The Medicine Buddha teaches this art of the practitioner entering the heart with permission of the client and allowing the buddha beingness to enfold the form naturally for the essence of the spirit to resolve issues and restore all harmony and peace.

Some day we may have a class sponsored solely by the Medicine Buddha with great teachings for all practitioners of the healing sciences. This will be a great day and many of you will relish this teaching. In April, 2017--not so far away--note the date the Medicine Buddha will be with you. [Learn more about the Medicine Buddha](#)



### **Blossoms, Rebirth and Renewal!**

Are you ready for spring? It's the time of year when winter turns its face towards the sun, the days grow longer, and the renewal of springtime lifts our souls. Amaryllia prepares us: And it is my great joy to exemplify the natural spirit of spring as it brings this sense of freshness, of buoyancy, of inner joy, of harmony, of radiance and of that peace that flows because you know that the long, cold winter is over and that now everything may become rich in the verdure, the greenery, of nature's finery of love.

## Help The Hearts Center Spring into Action

We have so many activities planned for rebirth and renewal at The Hearts Center:

- Our daily broadcast services with prayers to support national and world events and our heartfriends around the world
- Our ongoing Meru University Heartfriend Wisdom Series with courses taught by our beloved staff and volunteers
- Our spring equinox event, Serapis Bey on Adeptship and the Ascension, at the Temple of Clarity in Vista, California, with lodging and outdoor activities at Questhaven Retreat near San Diego, March 16-19
- Our Meru University webinar taught by David Christopher Lewis on Healing with the Medicine Buddha, April 23
- The New Living Expo in San Mateo, California, where we will have a booth to reach out to new heartfriends to share the ascended masters' teachings, offer David's Soul-raising sessions and sell our books, DVDs, CDs and other products, April 28-30
- And so much more!

## Help us make these activities happen through your generous contribution

**Our goal is to raise \$12,000 by March 30 to support these activities.** Please make a donation today. May you be blessed with hope, regeneration, and opportunities for growth as you support and partake of these beautiful offerings of springtime.

[Donate now](#)



## Quantum Biofeedback Sessions with Mona Lewis

### Quantum Biofeedback Health Scan and Balance with Mona Lewis, C.B.S.

The Hearts Center is now offering Quantum Biofeedback sessions with Mona Lewis. She is looking forward to this new opportunity to serve heartfriends by conducting these helpful long-distance sessions that take place in the comfort of your own home. Quantum biofeedback is a non-invasive technology that energetically scans and harmonizes stressors and imbalances in the body to encourage it to return to optimum health by reducing stressors that cause unbalanced conditions. Stress comes from many sources, such as toxicity, trauma, pathogens, mental factors, perverse energy, allergies, heredity, habits, deficiency syndrome, etc. As stress continues, disease progresses.

## How Does It Work?

The function of Quantum Biofeedback is similar to that of a virus-scan on a computer. It finds the energetic imbalances such as viruses, nutritional imbalances, allergies, abnormalities, and food sensitivities by calculating the biological reactivity and resonance in your body. This data offers an understanding of your possible needs, dysfunctions, and vulnerabilities. The information focuses in on your energetic body, which offers a more complete view of each facet of your health. [More information and testimonials](#)



### Receive a Holy Spirit Soul Reading, an Aura Cleansing and a Wave Blessing

An expanded Soul-Raising session is 60 minutes long to allow for "back and forth" between you and the Holy Spirit. Sessions include a full 20 minutes dedicated to clearing past life karmic records. The Holy Spirit will work with the psychology of your soul to get to the root cause of bothersome issues as well as limiting patterns and habits.

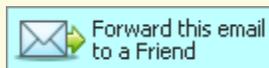
- \$333
- 20 minutes of the session dedicated to clearing past life karmic records
- Get to the root cause of limiting issues, patterns and habits

[Find out more](#)

Please follow us on



We encourage you to forward this message to family and friends.



For information on the teachings of the ascended masters and The Hearts Center:

**[www.HeartsCenter.org](http://www.HeartsCenter.org)**    **[friends@HeartsCenter.org](mailto:friends@HeartsCenter.org)**

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